

# ISLAND TOURS HISTORICAL AND ATTRACTIONS SITES

## IN SOUFRIERE

### • THE PITONS:

- The piton are part of the UNESCO World heritage site, designated for its geological importance, they have been named the Gros piton and the petit piton. The towering twin peaks thrust up from the water to the heights of over half a mile. While the peaks appear to be next to each other, one rises from Soufriere and the other from the neighboring village of choiseul. The Pitons have been a wonderful summit for hiking lovers all over the world.

### • Sulphur Springs:

- The Sulphur Springs as its locally known is the only “Drive In” Volcano in the world. The Sulphur Springs is one of the Island major tourist attractions, located in Soufriere, and yes it’s a dormant volcano. Visitors come from all over the world to enjoy the hot springs and mud baths. It is said to have volcanic minerals and heath properties, which are reputed to have therapeutic qualities for the skin.

### • Diamond Falls- Botanical Gardens:

- The Diamond Waterfalls is in the Diamond Falls Botanical Gardens located in Soufriere. It is one of the most beautiful and popular water falls in St Lucia. The warm water that drops from it comes from the nearby Suphur Springs. The Botanical Garden is an attractive site with warmth of the tropics whilst walking through lush fertile vegetation and a diverse range of tropical flowers and plant life.

## • Toraille Waterfalls:

- The Toraille Waterfalls is another beauty on the island found in Soufriere with a drop of 50 feet. Its refreshing fall one can sit underneath and allow the water to massage your back.

## • Morne Coubaril Estate :

The first major estate established in St Lucia, has recreated the old way of life on the West Indian plantation. Its traditional ways of processing cocoa, copra and sugar before the days of mechanization. Morne Coubaril estate has also introduced various activities which includes Horse Back riding and zip-lining. One can also taste the local candies and dishes which they offer at their restaurant.

## • Castries:

- Castries is the capital City in St Lucia, significant landmarks include the Cathedral of Immaculate Conception , Build in 1897. Derek Walcott Square is another major landmark ,there is a monument to St Lucia's war dead, and a large Samaan tree, known as the Massav tree. Notwithstanding the fact the Castries has been under British control for over two centuries, the city retains a distinctly French Flavor, particularly in the cuisine and names of places.

## • Marigot Bay:

- Marigot Bay located just south of Castries, is a perfect location for exploring, the Bay has a full range of services, activities and excursions. One used their ferry service to cross the ocean to relaxed between coconut trees and the white sand beach.

- **St Lucia Distillers :**

- St lucia distillers is located in the roseau valley just about 10 minutes from marigot bay , it nested between the banana plantation and offer a variety of local rum flavous and a testing tour.

- **Pigeon Island :**

- North of Castries lies Pigeon Island National Park, dry tropical forest , beaches are the geological interest of the park.
- Pigeon Island landmark has a number of heritage attraction and amenities which include:
- Ruins of military buildings used during the French and the British battles for the Island of St Lucia.
- Two beautiful beaches.
- An interpretation centre describing the history of the island.
- A lookout point at the top of the fort which gives a panoramic view of the Northwest coastline.

## Location for Activities:

### • Snorkeling and Diving:

- Most popular site for snorkeling
- Hilton Jalousie Beach – A wonderful beach with an amazing snorkeling at the base of the Pitons.
- Anse Chastanet --- Anse Chastanet reef at a convenient location for snorkeling and diving with is mixed of corals and a variety of fish life.
- Anse Cochon ---- A shipwreck that provides an artificial reef, divers can tour the ship in its entity.
- Pointe Seraphine and La place Carenage:
- La Place Carenage is located in Castries and point Seraphine just a mile from the city. They are the island two major shopping hubs for visitors that offers duty free shopping complex.
- Castries Market : There you can visit to obtain a wealth of knowledge and culture of the people they offer various craft and island produced, spices and local dishes
- St Lucia popular sea food fiesta also know as fish fry:

- This activity is kept every weekend in THREE fishing villages, Gros Islet and Anse La Raye on a Friday night and Dennery fish night on a Saturday evening. A variety of seafood prepared locally is being served.
- Other Activities include :
- Zip lining, Catamaran cruises and horseback riding can be done on various location on the island which is convenient to you.

### • Most popular Beaches :

- Pigeon Causeway : Long white sandy beaches located at pigeon Island.
- Jalousie Beach: An amazing beach which is used for snorkeling and diving.
- Smuggler's Cove Beach: A nice beach located in Gros Islet and is great for snorkeling.
- Anse du cap Beach: A large black sand beach with generally calm waters located in Cap Estate , Gros Islet.
- Vigie Beach : An accessible beautiful long sandy beach near the airport in Castries.

